



Spread Your Wings!

U3A Central Coast (NSW) Inc.

Course Booklet

First Semester 2021
(8 February – 19 June)

ENROLMENTS COMMENCE :
21 January 2021 @ 10am

My membership number is:

MYU3A password is:

Keep this booklet handy Just in case!

PO Box 1239
Gosford NSW 2250
Email: u3a@centralcoast.u3anet.org.au
Website: <https://centralcoast.u3anet.org.au>

Published December 2020
Print Post No: 100004969

For U3A information phone: 0408 704 701

VENUES

Bus info lines: Busways 4368 2277 (southern area)

4392 6666 (northern area)

Red Bus 4332 8655

<p>AVOCA BEACH PICTURE THEATRE 69 Avoca Drive, Avoca Beach 4382 1677. Off street parking.</p>	<p>KINCUMBER NEIGHBOURHOOD CENTRE 22 Kincumber St, Kincumber 4363 1044. Parking available or use shopping centre car park (3 hr limit). Beware of school bus zone times if parking in the street.</p>
<p>ERINA CENTRE North-South Rd, Erina Fair 4365 6725. The Centre includes Erina Library. It is adjacent to the bus interchange and there is ample parking.</p>	<p>OURIMBAH RSL 18-22 Pacific Highway, Ourimbah 4362 1104. Ample parking diagonally across from the Club, Lights at the crossing.</p>
<p>GREEN POINT COMMUNITY CENTRE 96 Koolang Rd, Green Point 4367 7591. Slope from bus stop to Centre (Bus 63). Ample parking at centre and in the street.</p>	<p>RED TREE THEATRE REAR 162 Pacific Hwy, Tuggerah 0413 357 228. Plenty of Parking.</p>
	<p>PRIVATE VENUES Please read instructions under relevant course or contact the Leader</p>

COVID-19 RESTRICTIONS

Please do the right thing and **ONLY** attend a class if you have received **ENROLMENT CONFIRMATION**. If you are on a waitlist this means you cannot attend **UNLESS** you have been notified that you may attend because a vacancy has become available.

Venues are limited to the numbers allowed in their rooms and we must abide by these restrictions.

As we must keep our distance whilst in the venues this means that morning and afternoon tea will not be available. Please bring your own drink if you wish.

- See pages 20 & 21 for ZOOM sessions.....
- See page 20 for necessary enrolment information for the U3A AGM on 28 January 2021

ATTENTION ALL MEMBERS!

Please check your enrolments online for current information or keep a record of your enrolments, dates, time and place.

ENROLMENTS FOR **EVERYONE** COMMENCE

21 January from 10AM

SELECT A MAXIMUM OF 5 COURSES
and / or a reasonable number of FORUMS.

- **ENROLLED** means accepted into the class and **WAITLISTED** means waitlisted.
- Please **do not attend** courses unless you **are** enrolled and receive confirmation of same.
- Apologies can free up a place for someone else if you cannot commit or are unavailable. It is a courtesy to Leaders!
- If you miss 2 course sessions in a row, **without advising the Leader**, your place may be given to another.
- We want **all members** to have a good chance of enrolling in courses of their choice.

POSTAL MEMBERS PLEASE READ THE ENCLOSED LETTER AND PROCEDURES OUTLINED ON THE ENROLMENT FORM TO PREPARE FOR YOUR ENROLMENT.

To help **ONLINE MEMBERS** to enrol THERE IS A HELP PAGE AT THE **BACK** OF THIS COURSE BOOKLET

ENROLMENTS FROM 21 JANUARY

Starting @ 10am

AGM – Thursday 28 January 10am Kincumber Neighbourhood Centre

IN PERSON and

ZOOM option available on page 20

DISCLAIMER.

The courses provided by U3A CENTRAL COAST (NSW) Inc . are only intended to supply general information to participants and in NO WAY CONSTITUTE PROFESSIONAL ADVICE UPON WHICH THE PARTICIPANTS SHOULD RELY. **Opinions of the leaders are not necessarily endorsed by the committee.** Members enrolling in a course are deemed to accept this disclaimer and the limitation of the liability of the Association, its Committee and the Course Leaders.

The Association, its Committee and Course Leaders will not accept responsibility for any losses suffered by a participant attending a course.

FORUMS - ONE DAY SPECIALS

MONDAY

403-01 The Duke & Duchess of Windsor some Jewellery and History - Repeat

The Duke and Duchess of Windsor - part history, part gossip!! A PowerPoint with lots of images. Will leave it for you to decide what you think of it all. Interesting times!! Jan Vlazny again is a gemmologist with a severe interest in history and jewellery.

Venue: **ERINA CENTRE MS3**

Leader: Jan Vlazny Enquiries: janvlazny@gmail.com / 0418 639 900

Date: 12/4

Time: 10:00am-12:30pm

403-02 Queen Victoria and Jewellery - Repeat

Queen Victoria – some history, some jewellery, a PowerPoint presentation so lots of images. And an amazing time in history. Jan Vlazny is a gemologist so has a passion for jewellery (and quite besotted with historical matters.)

Venue: **ERINA CENTRE MS3**

Leader: Jan Vlazny Enquiries: janvlazny@gmail.com / 0418 639 900

Date: 29/3

Time: 10:00am-12:30pm

403-03 More Heroines of the 2nd World War - New

In my previous courses I have recognized and highlighted the lives of women in Colonial Australia. But in this new course we will continue to celebrate the heroines of the Second World War. Women of courage and conviction and incredible bravery. We will once again meet remarkable women who were recruited into the SOE (Special Operations Executive) but in this presentation we will also hear stories of female war correspondents and radio operators. After the war so many of these women simply slipped back into the shadows. It is time their stories were told.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Carolyn Kingsmill Enquiries: carolynk2206@gmail.com / 0418 695 984

Date: 15/3

Time: 10:00am-12:00pm

403-04 Call of the Outback - Repeat

Today we will meet two extraordinary women who answered the call of the outback and ventured into the great Australian loneliness, "alone." These women were the eccentric and much feted Desert Queen, Daisy Bates who lived in a tent with the aboriginals and intrepid journalist, writer and adventurer Ernestine Hill who swapped a comfortable life in Sydney for a nomadic existence travelling wide and far searching for a story. Let us share their remarkable adventures in Australia's unrelenting outback.

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium -**

Leader: Carolyn Kingsmill Enquiries: carolynk2206@gmail.com / 0418 695 984

Date: 19/4

Time: 1:00am-300pm

CONDITIONS AND RESPONSIBILITY OF MEMBERS

- 1. Keep a record of your courses / forums**
- 2. Attend your courses and forums OR apologise**
- 3. Speak and act respectfully**

404-06 Birdbrains 2 - Ongoing

1. Continues previous study of birds and their remarkable capabilities.
2. Learning - complex skills at least as advanced as non - human primates but at quicker rates with different methods.
3. Creativity/Play - Some bird species outclass chimpanzees.
4. Adaptation - extraordinary rate of new species change.

Impact of present climate change. Relationship between size and longevity.

(Use of Overhead Projector)

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Edmund Raftery Enquiries: ejraftery1@gmail.com / 4363 2245

Date: 9/2

Time: 10:00am-12:00pm

404-01 William Bligh: Tyrant or Tough Taskmaster? - New

This talk is about Bligh's turbulent career before he became governor of NSW. To shed some light on this controversial character, it focuses on significant events in his life including: assignment as a Captain's Servant at the age of seven; his role and conduct during Cook's third and fatal voyage to the South Pacific; the mutiny on the Bounty and subsequent courts martial; particular sea battles during the French Revolutionary wars; other mutinies (on the Defiance and at the Nore); and, before sailing for NSW, his court martial for tyrannical, oppressive and unofficer-like behaviour.

Venue: **ERINA CENTRE AS1**

Leader: Kathleen Dermody Enquiries: kathleendermody@hotmail.com / 0408 732 493

Date: 9/3

Time: 10:00am-12:00pm

404-02 Petrov Affair - New

In 1954 a Russian diplomat defected to Australia, claiming he had evidence of Russian spying in Australia. The Menzies Government quickly set up a Royal Commission. Reputations were destroyed and the ALP opposition was split but there were no convictions of spies in Australia. This talk looks at the salient facts of the defection and Royal Commission as well as suggests a new possible reason for the defection.

Venue: **ERINA CENTRE MS2**

Leader: Desmond Moore Enquiries: desmondmoore1@optusnet.com.au / U3A 0408 704 701

Date: 23/2

Time: 10:00am-12:00pm

404-03 An Inconvenient Truth Part 2 - Ongoing

1. Britain and Slavery.

- Concludes study of 1841 Royal Commission on child labour in coal mining and pottery factories in one British city. Its impact on public and political attitudes but also the deadly delay in remedial legislation.
- Why people flocked from the countryside to live in such dreadful conditions in the new cities.
- How knowledge of the British experience of the first Industrial Revolution helps us understand what is happening globally in those countries now attempting the same path.

Use of overhead projector

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Edmund Raftery Enquiries: ejraftery1@gmail.com / 4363 2245

Date: 9/3

Time: 10:00am-12:00pm

404-04 The Magic of the Mind Part 1 - Repeat

We examine the environmental and social pressures that shaped our remote ancestor's primitive brain into the sophisticated organ it is today. The reasons why we developed an innate sense of loyalty, co-operation, shame, pride, xenophobia, self awareness, guilt.

The origins of networking, caring, hierarchy, risk-taking.

Communication - the physical links between gesture and speech.

Longevity and its debt to Grandma.

Use of overhead projector

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Yirang Fishbowl**

Leader: Edmund Raftery Enquiries: ejraftery1@gmail.com / 4363 2245

Date: 27/4

Time: 10:00am-12:00pm

404-05 The Migration that shaped Europe - New

The story of how a pastoral migration from the Steppes transformed Northern Europe a thousand years after farming had been introduced.

Carrying a lactose tolerant gene, they brought the horse, new technology, mutant sheep producing the first spinnable wool, the first machine - rapidly reshaping continental culture .

Today's Europe reflects this transformation with its many languages - virtually all derived from a single language used by these herders 5000 years ago.

Use of overhead projector

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Edmund Raftery Enquiries: ejraftery1@gmail.com / 4363 2245

Date: 2/3

Time: 10:00am-12:00pm

404-07 Sound Therapy presented by Rafaele Joudry - New

PRESENTED BY RAFAELE JOUDRY – She holds a Masters of Psychology specializing in Sound Therapy.

There are 2 dates for this forum: Wednesday 404-07 and Thursday 407-06 please choose your preferred date.

This presentation explores the benefits of Sound Therapy which uses music to re-charge your brain. The topics we will cover include tinnitus (ringing in the ears), hearing in a noisy room, dizziness (Meniere's Vertigo), sound intolerance and blocked ear (Eustachian tube dysfunction). Sound Therapy not only re-awakens the hearing, but enhances energy, wellbeing, happiness and brain power. Come along and learn more

Venue: **ERINA CENTRE MS2**

Contact: Judy Frewen Enquiries: 0419 226 450

Date: 23/3

Time: 10:00am-12:00pm

WEDNESDAY

406-01 Shipwrecks - New

There are many reasons why vessels are lost – be it through weather, collision, hitting rocks, etc.

Some are old and some very modern stories. You have all heard of the Titanic – one of the most publicised shipwreck stories in modern times.

If we were able to drain the oceans we would find many boat skeletons lurking there – and what stories they could tell.

The presentation is supported by PowerPoint.

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium**

Leader: Peter Cane Enquiries: peurcane@gmail.com / 0427 527 530

Date: 24/3

Time: 10:00am-12:00pm

407-01 Rural Socialism in NSW

How they got rid of the “Cattle King” Sidney Kidman – New

Few people know that Sidney Kidman was a large landholder (leaseholder) in far western NSW for about 40 years in the early 20th century. This forum shows how he was driven out of NSW by a legislated policy known as “home maintenance area” policy. I argue that though this underlay the concept of the “family farm”, it was in control over private dealings with land, a form of rural socialism.

Venue: **Erina Centre MS3**

Leader: Jan Cooper Enquiries: jancooper99@gmail.com / 0423 136 470

Date: 27/5

Time: 10:00am-12:00pm

407-02 Knots and Ropes - Repeat

A combination of a lecture on rope, including history, types and materials, and demonstration of a variety of useful and interesting knots

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Workroom**

Leader: Frank Brown Enquiries: frankcbrown237@gmail.com / 0406 192 271

Date: 18/2

Time: 10:00am-12:00pm

407-03 Wallowing in Words - Ongoing

WALLOWING IN WORDS-----LIKE A PIG IN MUD!! This is a REPEAT Course!!

We will work in teams, playing with words to solve quizzes; exercising our "little grey cells"! In between quizzes, we will wallow in the English language, with excerpts from prose, poetry, sayings and quotes.

Come and enjoy a morning of fun and learning in the company of U3A members. PLEASE BRING YOUR OWN PENS.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Keith Quinn Enquiries: keithjmq@gmail.com / 4369 5652

Date: 8/4

Time: 10:00am-12:30pm

407-04 Myanmar - A Photographic Journey - New

A photographic record of my solo journey through Myanmar. Visited Yangon, Lake Inle/ Nyaungshwe, Bagan, Hsipaw, Pankam village, Mandalay. An insight into a unique country. As Rudyard Kipling wrote in Letters from the East (1898), “This is Burma and it is unlike any land that you know about”.

Presented using Powerpoint, with audience Q&A in break.

NOTE: Available as a ZOOM session as well

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Yirang Fishbowl**

Leader: Geoff Collins Enquiries: gjcollins52@hotmail.com / 0419 226 877

Date: 25/2

Time: 10:00am-12:00pm

407-06 Sound Therapy presented by Rafaele Joudry - New

PRESENTED BY RAFAELE JOUDRY – She holds a Masters of Psychology specializing in Sound Therapy.

There is an optional date of this forum. Please choose your preferred date.

This presentation explores the benefits of Sound Therapy which uses music to re-charge your brain. The topics we will cover include tinnitus (ringing in the ears), hearing in a noisy room, dizziness (Meniere’s Vertigo), sound intolerance and blocked ear (Eustachian tube dysfunction). Sound Therapy not only re-awakens the hearing, but enhances energy, wellbeing, happiness and brain power. Come along and learn more.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Contact: Judy Frewen Enquiries: 0419 226 450

Date: 29/4, **07/4 (new)**

Time: 11:00am-1:00pm

407-05 Land of the Rising Sun - New

Having a son who has lived in Japan for almost 20 years, I have visited there a number of times and have been fortunate to have seen a lot of the country from Tokyo down to the southern islands of Shikoku and Kyushu. Most of my time has been spent in Osaka where my son and his family live, giving me easy access to tourist areas such as Kyoto and Nara. One great advantage of spending time with my family means that I see the “real” Japan in the suburbs and surrounds, being introduced to places that are off the tourist trail and seeing how everyday life works in Japan.

(Note: Available as a Zoom session as well)

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium**

Leader: Judy Frewen Enquiries: judy.frewen@ozemail.com.au / 0419 226 450

Date: 18/2

Time: 1:00pm-3:00pm

FRIDAY

408-01 Sustainable Living at Narara Ecovillage - New

Narara Ecovillage is an intergenerational residential community being built by a co-op of about 85 families on the site of the old Gosford Horticulture Research Station at Narara. Stage 1 comprises 60 sustainable houses including straw bale, mud brick, hempcrete, rammed earth, modular, relocated Queenslander and conventional light timber construction methods.

This talk will take you through the history and organisation of the ecovillage community and a virtual walk through one of the village houses under construction and some of the many community activities already happening on site.

Venue: **ERINA CENTRE MS3**

Leader: Geoff Cameron Enquiries: geoffcameron@ozemail.com.au / U3A 0408 704 701

Date: 16/4

Time: 10:00am-12:00pm

408-03 Visit to Japan - Spring 2019 - New

A lecture supported by Power Point covering the beauty of Japan in spring, from Tokyo's stunning Nezu Shrine Azalea gardens, to Mt Fuji in perfect sun, then north through a myriad of Cherry Blossom Festivals, Tokyo's Omiya Bonsai Museum, Hakone's Moss Phlox gardens and the open air sculpture museum, featuring works by Picasso and Henry Moore. More colourful surprises come with the Tulips at Hitachi Seaside Park and the Great Wisteria Festival at Ashikaga Flower Park. We visit temples and shrines and a modern Samurai, see the intense agriculture, experience sun and blizzard and ride the bullet train.

Venue: **ERINA CENTRE MS3**

Leader: Neil Bevege Enquiries: nemebev@bigpond.com / U3A 0408 704 701

Date: 7/5

Time: 10:30am-12:00pm

408-02 Australia's Internment Policy in WWII - New

When Australia (pop. 7 million) went to war in September 1939 the authorities considered what to do with its 20,000 real and potential enemy alien residents and its 20,000 recently arrived immigrants. A 'narrow' internment policy would avoid the heavy cost expended in WWI without upsetting 'public sentiment'. But war is unpredictable. Dramatic defeats led to sweeping changes, a general regional round-up, and for one nationality, total internment. Post-war these events vanished from public view and 'New Australians' were welcomed. This is a lecture supported by a Power Point.

Venue: **ERINA CENTRE MS3**

Leader: Margaret Bevege Enquiries: margabev@bigpond.com / U3A 0408 704 701

Date: 7/5

Time: 1:00pm-2:30pm

MEMBERS: WE STILL HAVE A PROBLEM!



NOT SHOWING UP OR APOLOGISING FOR MISSING A COURSE DISCOURAGES OUR LEADERS, WHO SPEND A LONG TIME PREPARING THE COURSE FOR US.

HELP US KEEP THE WONDERFUL PEOPLE WHO PRESENT OUR MARVELLOUS COURSES
SOLUTION = APOLOGISE - IT'S EASY!

ONLINE:

Login to MyU3A. You will need your membership number and password to do so. The **Membership Status** page displays.

1. At the bottom of the page, enter the dates for the period you will be absent. (If only 1 day, enter the same date in the To and From fields.) Click **Apologise**.
2. The **Apologise** page displays. Your classes that occur on or between those dates will have check boxes with a tick (✓) and a date next to the box. (If you have already apologised for any or all of the dates, you will see an **A** next to those dates, rather than a tick.)
3. You are apologising for the dates with the ticks.
If you **DO NOT** wish to apologise for one or more of these dates, untick those dates. If you make an error at this point, click **CANCEL** and start the process again.
4. If you are satisfied with the ticked dates, click **COMMIT**. The roll will be automatically marked with your apology. That's all you need to do.
5. If you realise you have made a mistake **AFTER you have clicked COMMIT**, contact the Leader or U3A at u3accclass@gmail.com or 0408 704 701.

NOT ONLINE:

Contact the Leader – details in the Course Booklet – or U3A on 0408 704 701.

THANK YOU

COURSES BY DAY

MONDAY

216-01 Magic of the Movies - Ongoing

Start your week by joining our happy band of movie buffs. The selection is eclectic with something for everyone ranging from old to modern and coming from anywhere and everywhere. The first movie of every month is subtitled. Movie titles are not advertised in advance. Each session begins with a brief review, and discussion is encouraged at the end. **Note:** no Movie on 5 April

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium**

Leader: Arthur Pearce Enquiries: ajapearce@optusnet.com.au / 0412 570 526

Time: 9:30am-12:15pm

Classes: 15/2 22/2 1/3 8/3 15/3 22/3 29/3 12/4 19/4 26/4 3/5 10/5 17/5 24/5 31/5 7/6 14/6

416-01 Great Speeches: A way of Viewing Australian Social Change - New

This discussion group will examine significant occasions in Australia's social history through the lens of public speeches of the time. Each week, we will consider a selected speech in terms of: its speaker; historical context; style, themes and arguments; and impact, then and since. Some speeches will be by well-known people, others less so. Over the weeks, we will reflect on what makes a memorable speech, the relevance and role of public oratory today.

Participants should have an email account to receive weekly course materials for reading in advance and be willing to join in friendly discussion.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Yirang Fishbowl**

Leader: Penny Rogers Enquiries: progers1@iinet.net.au / 0412 258 218

Time: 10:00am-12:00pm

Classes: 8/2 15/2 22/2 1/3 8/3 15/3 22/3 29/3

440-01 Broken Hill. Its History, its Heritage and its Characteristics - Repeat

A series of three 2 hour independent presentations about Broken Hill. They cover its history, heritage and other features, each presentation dealing with a specific element. The first session is titled "On the Edge of Sundown", and covers the history of Broken Hill and some of its features, as well as how the politics of the day impacted on them. The second session titled "The Hotels of Broken Hill" concerns the history of Broken Hill's iconic pubs and the breweries which supplied them. The third session, titled "They Came from The Hill" is about the world's largest resources company which grew out of Broken Hill, and the industrial leaders it produced. All presentations, which are in Power Point, are well illustrated by photos, both old and new.

Venue: **Red Tree Theatre Theatre**

Leader: Gary Hughes Enquiries: 0408 704 701 (U3A)

Time: 10:00am-12:00pm

Classes: 15/3 29/3 26/4

244-01 Lunch Bunch - Ongoing

A casual dining group held in pre-booked local venues. Members have choices of any "specials" or from the available menu. Join us for a monthly social get-together and meet other U3A members. Successful applicants only need phone Vera Hunter for the FIRST venue, one week prior. Attending members collectively agree on the choice of the following month's venue for which I do the booking.

Venue: **Various Locations Central Coast**

Leader: Vera Hunter Enquiries: verahunt@gmail.com / 4322 7636

Time: 12:00pm-02:00pm

Classes: 15/2 15/3 19/4 17/5

(MONDAY CONT'D)

432-01 101 Things to See before you Die - Ongoing

This is a continuation of a course "101 Places to see before you Die" that had to be terminated due to Covid 19. Come with me on a journey around the world and see and experience Great Waterways, Sacred Places, Wonders of the Ancient and Modern World, Mountains, Great Journeys of Land and Sea, The Best Hotels and Food. What to see and do in far flung destinations. Architecture, Landscapes, Art, Religion, History and Cultures covered!

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Barbara Nichols Enquiries: 0434 018 902

Time: 1:00pm-3:00pm

Classes: 8/2 15/2 22/2 1/3

423-01 Creative Non-Fiction Group - New

This is a group for active writers of creative non fiction (i.e. memoir, life history, autobiography, biography). We will focus on how to develop our own voice and become a character in our own writing, and how to make our stories interesting for our readers.

Each session will include 10 mins of individual writing to stimulate further writing at home. We will read our ten minute pieces to the group and receive feedback. There will be opportunities for all participants to read longer pieces prepared at home, and to receive feedback.

Sessions will be held weekly with a one week break in the middle (24/5)

Venue: **ERINA CENTRE AS1**

Leader: Valerie Clifford Enquiries: valerieanneclifford@gmail.com / 0459 314 685

Time: 1:30pm-3:30pm

Classes: 3/5 10/5 17/5 31/5 7/6 14/6

254-01 Coffee, Cake and a chat - Ongoing

Established and new members of U3A very welcome. Come and join other members for a cuppa and homemade refreshments in a friendly atmosphere. Participants will determine what we talk about but it is hoped everyone will be part of the conversation. \$2.50 per person per session to cover afternoon tea.

Venue: **PRIVATE RESIDENCE: 2 LEGGE PLACE, GREEN POINT**

Leader: Monica Perry Enquiries: perrymm@bigpond.net.au / 4367 5757

Time: 2:30pm-4:00pm

Classes: 15/3 29/3 19/4

TUESDAY

204-01 Contemporary Literature - Ongoing

If you enjoy reading and discussing contemporary literature this is the group for you! We read novels, short stories and some non-fiction such as essays, memoirs and biographies. Each fortnight we read and discuss two books or you may only have time for one. 2 books are scheduled for most sessions. However, 3 sessions have 1 hour each reserved as 'open choice', which gives people the opportunity to talk about any book they have read. Before the semester starts, you will receive the schedule of books, giving you time to purchase or borrow a copy. We ensure the library has some stock of all books that we schedule. To assist you to plan your reading, the schedule you receive has a short description of each book and an indication of the number of copies available at the library. For the first meeting please bring along something you have read that you would like to tell the group about.

Venue: **ERINA CENTRE MS2**

Leader: Janette Sheen Enquiries: janettesheen@gmail.com / 0417 499 380

Time: 10:00am-12:30pm

Classes: 16/2 2/3 16/3 30/3 13/4 27/4 11/5 25/5 8/6

213-01 Electoral System reform: A Priority - Ongoing

Australia's electoral systems have resulted in an adversarial political system. It also appears now that the country is governed by the dominant faction of the governing party, hardly a majority in practice. Why is this so? What can be done about it? The Single Member District system has resulted in parliaments that are not really representative of the society. This course will demonstrate that and discuss alternatives that should prevent the dysfunctional adversarialism preventing effective policy formation. A comparison will be made with the many countries that use Proportion Representation - Party List (89 in fact), not known in Australia. This differs also from the Hare-Clark system used for the Senate since 1949.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Klaas Woldring Enquiries: klaas.woldring@bigpond.com / 4341 5170

Time: 10:00am-12:00pm

Classes: 16/2 23/2

34-01 Beyond Federation – Ongoing - CANCELLED

The Australian Federation has become costly and cumbersome. Attempts to improve it have been inadequate. The Abbott government abandoned the Federation Inquiry. This course challenges the notion that the Federation can or should be repaired, improved or 'made to work'.

There have been very few amendments to the Federal Constitution. Is this a sign that it works well or that the capacity to amend has been frustrated? The Constitution no longer reflects the values of the present society, which has changed dramatically since 1901. A good case can be made to rewrite the entire Constitution.

~~Venue: KINCUMBER NEIGHBOURHOOD CENTRE Auditorium~~

~~Leader: Klaas Woldring Enquiries: klaas.woldring@bigpond.com / 4341 5170~~

~~Time: 10:00am-12:00pm~~

~~Classes: 16/3 23/3~~

212-01 What Kind of Republic? - Ongoing

This lecture deals with the need for governance system changes, not generally mentioned by those aiming to achieve a Republic. Yet, Australians are asking, even more than in 1999, why exactly do we want a Republic? Merely a change to an Australian Head of State would not affect any other governance problems for the better. Would it in any way improve the archaic Constitution? Should we not talk about governance system change. The course also considers 15 modern Republics.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE WORKROOM**

Leader: Klaas Woldring Enquiries: klaas.woldring@bigpond.com / 4341 5170

Time: 10:00am-12:00pm

Classes: 13/4 20/4

286-01 The Australian Constitution should be Rewritten – Ongoing - CANCELLED

The Constitution is no longer serving our diverse society as it should. Much has changed since 1901. The Constitution has not. 44 referenda have been proposed but only 8 have passed. Why is that so? Could the entire Constitution be rewritten to replace the existing one, in one referendum provided for in Section 128? The adversarial political system blocks real progress. Sadly, it also turns most politicians into systemic casualties and habitual opportunists. How can we overcome this? That may be a prerequisite for creating a new Constitution.

~~Venue: KINCUMBER NEIGHBOURHOOD CENTRE Auditorium~~

~~Leader: Klaas Woldring Enquiries: klaas.woldring@bigpond.com / 4341 5170~~

~~Time: 10:00am-12:00pm~~

~~Classes: 30/3 6/4~~

258-01 Symposium: John Carr's Sampler - New

A series of selections from some of my 10 different U3A courses, as well as other topics from potential courses. We will select from a diversity of issues such as the meaning(s) of life, sources of the good life, human futures, questions of identity, life in the universe, Loving, the Enlightenment Project, religion and spirituality, quality relationships, ethics in civil society, - and other topics of interest for class members.

Venue: **RED TREE THEATRE TUGGERAH**

Leader: John Carr Enquiries: 0408 704 701 (U3A)

Time: 10:00am-12:30pm

Classes: 9/2 16/2 23/2 2/3

NEW CLASSES: 14/5, 11/5, 18/5, 25/5 (Time: 10:30am to 12:30pm)

427-01 The Post-Pandemic World - New

Lecture supported by Powerpoint, part audience discussion

The 'Covid' 19 pandemic recession is far worse than the 2008 Global Financial Crisis

The economic consequences of this recession will be painful and prolonged

China has risen from devastation in 1949 to become the dominant economic power and ascending 'superpower'.

China is the catalyst initiating changes to the world order.

America's global power is declining

The global economy has been functioning on a suspect monetary system since 1946 when America took control of the global economy after WW11. China is going to force changes to the American controlled monetary system and global economy. Restructuring of world order has commenced.

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium**

Leader: Mark Te Brugge Enquiries: mtbabacus32@hotmail.com / 4365 9185 / 0474 471 849

Time: 10:00am-12:15pm

Classes: 9/3 16/3 23/3 30/3

205-01 Cuban Missile Crisis - Repeat

In October 1962 the world was closer to a nuclear war than it had ever been. We will discuss the lead up to the events that led to the Russians placing missiles on Cuba, the reaction of the young President Kennedy and his brother to the advice of the joint chiefs of staff and the action by both sides to win this battle of nerves. We will also look at the letters sent between the two leaders and listen to the conversations between Kennedy and other western world leaders.

Venue: **ERINA CENTRE MS2**

Leader: Alan Flores Enquiries: alan.flores@bigpond.com / 0455 313 407

Time: 1:00pm-3:00pm

Classes: 4/5 11/5

420-01 Timeless Tunes - New

(Just like listening to the radio – part lecture)

Music you know and love, a musical buffet of symphonic performances, classical favourites by Tchaikovsky, Beethoven, Rachmaninoff, Bizet to name a few

Romantic stage and movie music penned by John Barry, Rodger and Hammerstein, Andrew Lloyd Webber

Swoon Tunes by the Gershwins – Cole Porter

Many more composers and performers to entertain you. All you have to do is sit back and listen to many of your favourites

Venue:Time: **KINCUMBER NEIGHBOURHOOD CENTRE Yirang Fishbowl**

Leader: Barbara Pacey Enquiries: 4369 5345

Time: 1:30pm-3:30pm

Classes: 16/2 23/2 2/3 9/3

(TUESDAY CONT'D)

386-01 Wine Appreciation: Australian Shiraz – Repeat - CANCELLED

This course will look at Australian Shiraz. The first hour will be a presentation discussing the history and diversity of Shiraz in Australia. We will also look at the 7 different Shiraz regions (across NSW, Victoria, South and Western Australia) and why their wines are different. The second hour will be tasting, and discussing the wines. There will be one control wine each week. Each day we will taste 4 wines from a different area.

Attendees will taste 4 wines each week in class. Pouring size will be limited to 40ml each taste. Consequently, no one should consume more than a glass of wine at each session.

There will be a charge of \$20.00 per attendee, payable at the first session, to cover the cost of the wines.

~~Venue: KINCUMBER NEIGHBOURHOOD CENTRE Workroom~~

~~Leader: Peter Jensen Enquiries: pj442@bigpond.com / 0413 996 624~~

~~Time: 1:00pm-3:00pm~~

~~Classes: 4/5 11/5~~

417-01 Wine Appreciation: International Reds – New - CANCELLED

This course will look at International Red wines, with an emphasis on Shiraz style. We will be using the same control wine as we used in the Aussie Shiraz course two weeks earlier. The first hour will be a presentation that looks at the history and regions to understand more about their wines. We will look at wines from various countries, including France, Italy, Spain and South America. In the second hour, we will be tasting wine from the selected countries.

Attendees will taste 4 wines each week in class. Pouring size will be limited to 40ml each taste. Consequently, no one should consume more than a glass of wine at each session. There will be a charge of \$25.00 per attendee, payable at the first session, to cover the cost of the wines.

~~Venue: KINCUMBER NEIGHBOURHOOD CENTRE Workroom~~

~~Leader: Peter Jensen Enquiries: pj442@bigpond.com / 0413 996 624~~

~~Time: 1:00pm-3:00pm~~

~~Classes: 1/6 8/6~~

424-01 We Didn't Start the Fire - New

"We Didn't Start the Fire" is a list song by American musician Billy Joel. Its lyrics include brief, rapid-fire allusions to more than 100 headline events between 1949, the year of Joel's birth, and 1989, when the song was released on his album Storm Front.

The group will be encouraged to share their stories of the events and people mentioned in the song. These include Marilyn Monroe, Korean War, "The King and I" musical, Suez crisis, Elvis Presley, Einstein and Hula Hoops.

Venue: **ERINA CENTRE MS2**

Leader: Alan Flores Enquiries: alan.flores@bigpond.com / 0455 313 407

Time: 1:00pm-3:00pm

Classes: 2/3 9/3 16/3 23/3

425-01 Bridging the Gap - New

Bridges are one of our most useful tools. They not only assist in making our lives easier by helping us to traverse obstacles but have architectural beauty, reflect history, can be places of great tragedy or have political significance.

This series of talks will cover the Brooklyn Bridge in the US, rail bridges in Canada, short spans in the Monaro, and incredibly tall ones in France and long ones in Japan. You may have been on one and if so we can discuss your experience.

we will look at why they were built, how they were built and what they cost.

Venue: **ERINA CENTRE MS2**

Leader: Alan Flores Enquiries: alan.flores@bigpond.com / 0455 313 407

Time: 1:00pm-3:00pm

Classes: 13/4 20/4 27/4

256-01 Bush Walking and Special Walks – Ongoing

Come and enjoy the great outdoors with walks through the Central Coast and hopefully in Sydney. The fortnightly walks are rated easy to moderate and vary from 4 to 10 kilometres so you will need to be reasonably fit to participate. For each walk, please bring your badge, a hat, sun screen, repellent, snacks, and plenty of water in a small day pack. Sometimes you will need to bring lunch, sometimes you will be able to buy lunch. Successful applicants should contact the Leader prior to the first walk to find out walk details. An email will be sent before each walk with specific details of that walk. If you are not walking, please send an apology to the leader, Barry Clark.

VENUES: **VARIOUS LOCATIONS Central Coast and Sydney**

Leader: Barry Clark Enquiries: barrygclark123@gmail.com / 0411 868 178

Time: 8:00am-2:30pm

Classes: 10/2 24/2 10/3 24/3 7/4 21/4 5/5 19/5 2/6 16/6

80-01 Discussion Group - Current Affairs – Ongoing

If you are interested in current events and social issues, here is an opportunity for you. The discussion group deals with local, national and international issues. What follows is an interesting exchange of ideas and perspectives in a friendly, accepting atmosphere. Social distancing will be adhered to. We look forward to meeting with you.

Venue: **ERINA CENTRE MS2**

Leader: Gwenda Browes Enquiries: gwenda.browes@gmail.com / 0409 084 406

Time: 10:00am-12:00pm

Classes: 10/2 24/2 10/3 24/3 7/4 21/4 5/5 19/5 2/6 16/6

429-01 Intermediate Mah Jong - New

For those students who have attended my previous Mah Jong for Beginners course or who have previously played Mah Jong and would like to brush up on the rules. We will also cover different Special Hands.

Venue: **GREEN POINT COMMUNITY CENTRE Craft Room**

Leader: Judy Frewen Enquiries: judy.frewen@ozemail.com / 0419 226 450

Time: 9:30am-12:30pm

Classes: 17/2 3/3 17/3 31/3 14/4 28/4

428-01 Counterculture and Revolution: 'The Sixties' and their aftermath - New

Come and explore the 60s with me, as most of us lived through it and were influenced, either for or against, by it and the movements it generated that are still operating in our society today! In the 60s we witnessed two oppositional cultural perspectives – the first, the Hippies with their extreme individualistic philosophy – “Do your own thing – turn on, tune in and drop out” and secondly, collective activism, epitomized by the Anti-Vietnam War movement in both the U.S. and Australia. This activism also included The Civil Rights Movement and Black Liberation (including Australian Aboriginals); Women’s Liberation (Second Wave Feminism); Gay Liberation and Urban Environmentalism. All this was posited against the background existential threat of nuclear annihilation, ‘mutual assured destruction’, previewed by the Cuban Missile Crisis of 1962 the horror of which was later captured in the seemingly prophetic song of Bob Dylan, “A Hard Rain’s a-Gonna Fall”!

N/B (This is a highly active, audio-visual presentation requiring unimpaired hearing and eyesight) ***

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium**

Leader: Brian Green Enquiries: brijenf4@bigpond.com / 4385 2266

Time: 10:00am-12:00pm

Classes: 17/2 24/2 3/3 10/3

418-01 Optimism v Pessimism - New

Do you look at the media day after day and feel constantly depressed by the news - that is always bad news? Convinced that collectively and individually we are all edging rapidly towards the Cliff of Oblivion? Panic not. This is a study providing an evidence based presentation of optimism.

An historic penetration of public ignorance created by modern media misrepresentation/irrelevance.

We compare the social past of our ancestors with our lives and examine social trends over the last 300 years. Tally Ho!

Use of Overhead projector

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Edmund Raftery Enquiries: ejraftery1@gmail.com / 4363 2245

Time: 10:00am-12:00pm

Classes: 3/3 10/3

419-01 The Planet Fights Back - New

Climate Change; Over Population; Catastrophic bushfires, floods, droughts; virus pandemic and focus on economic growth for humans rather than economic health for all species. "You cannot have healthy people on a sick planet." (Thomas Berry)

We and 'Mother Earth' need a psychic/ spiritual change in our relationships. It's time to get the ear plugs out and listen and connect with nature, the source of our health and well-being. Many humans are suffering from NDD (Nature Deficit Disorder). Our indigenous brothers and sisters have so much to teach us.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Paul Corkeron Enquiries: corcks44@bigpond.com / 0418 899 926

Time: 10:00am-12:00pm

Classes: 17/3 24/3

433-01 Roundtable Discussion Group at Tuggerah - New

This course is for participants willing to share their views. Members will listen to others and respectfully contribute their thoughts. The first discussion will centre on population questions such as - How can the Central Coast balance life style, environment and the needs of an increasing population? This could lead to considering the role that Australia, with our 25 million people and given our continent and our history, is best placed to perform in the world. Members will contribute later questions.

Venue: **RED TREE THEATRE THEATRE TUGGERAH**

Leader: Margaret Bevege Enquiries: margabev@bigpond.com / 4394 0880

Time: 10:00am-12:00pm

Classes: 5/5 12/5 19/5 26/5

415-01 Active Dance returns for Couples - Ongoing

Active Dance is back,

We will revise the steps for ballroom and latin dances which will take you onto the floor quickly to have fun and out there with friends and maybe even cruising when things get back to normal. This is a fun way to get fit and have fun. I am looking forward to seeing familiar faces and especially new faces. What do you have to lose? have a go.

Due to Covid 19 restrictions I can offer couples only. This just means if you have a partner, friend, relative, you will need to nominate the person you will be dancing with. There will be no changing partners and strict precautions will be undertaken. You will need to bring your own drink.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Susanne Wittkopp Enquiries: rik.susanne@gmail.com / 0431 647 778

Time: 9:30am-11:15am

Classes: 14/4 21/4 28/4 5/5 12/5 19/5

(WEDNESDAY CONT'D)

434-01 Handmade Cards - New

Card making using Stampin' Up products. All materials supplied to make greeting cards. I will walk you through the art of card making and help you make beautiful handmade cards. We will start with 3 cards and depending on ability we could increase to 4 cards.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Workroom**

Leader: Denise MacCabe Enquiries: denisemaccabe@gmail.com / 0412 364 685

Time: 10:00am-12:30pm

Classes: 10/2 24/2 10/3 24/3

AVOCA THEATRE FILM GROUP - Wednesday

As wonderful as it is to sit and view a film in the dark of a cinema it is equally rewarding to have an opportunity to discuss the film over a complimentary cuppa with people and their diverse views. The Avoca Beach Picture Theatre has held movie appreciation groups since 1999, first facilitated by film critic Shane Bassett and for the past 11 years Avoca Film Group has been co-ordinated by film buff Elaine Odgers Norling. This group does not require film knowledge just a willingness to enjoy and be your own critic. Attendance is open to all and you are most welcome whether you can attend each week or just randomly. To receive the weekly Avoca Film Group emails contact: elaine.norling@gmail.com

NO ENROLMENT VIA MYU3A. SESSION START TIMES VARY AS DO THE LENGTH OF FILMS AND WE SEE THE FIRST SCREENING OF THE DAY

AVOCA BEACH PICTURE THEATRE

Leader: Elaine Odgers Norling Enquiries: 4382 1777 / elaine.norling@gmail.com

10:00am-12:00pm approximately

THURSDAY

AVOCA THEATRE FILM GROUP – Thursday

Details the same as for Wednesday films

AVOCA BEACH PICTURE THEATRE

Leader: Elaine Odgers Norling Enquiries: 4382 1777 / elaine.norling@gmail.com

10:00am-12:00pm

410-01 Inspiring Australians - Repeat

In this course we will look at several outstanding Australian men and women who have faced and overcome a variety of adversities including poverty, war, discrimination, disability, abuse, physical trauma, family tragedy and others. These wonderful Australians have demonstrated many special qualities like courage, determination, resilience, vision and inner strength. They include Albert Facey, author of A Fortunate Life, Marie Byles, early feminist and conservationist, Weary Dunlop (doctor and prisoner-of-war), Rosie Batty, domestic violence campaigner, Kurt Fearnley, world champion wheelchair athlete, Turia Pitt, survivor of burns to 65% of her body, Catherine Hamlin, surgeon and founder of Hamlin Fistula Foundation in Ethiopia, surgeons and humanitarians Fred Hollows and Munjed Al Muderis and others. Their stories are truly inspiring! We will explore, through lectures, powerpoint and video clips, the challenges they have overcome, the wonderful qualities they have demonstrated and what makes them such inspiring Australians!

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Ross Pearce Enquiries: suerosp@bigpond.net.au / 0439 996 963

Time: 10:00am-12:30pm

Classes: 4/3 11/3 18/3 25/3

240-01 Carry on Drawing/Painting - Ongoing

Join us in this art group. This is a self-help group with members working on their own projects. We welcome all levels and users of any medium. Space is limited to desk tops.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leader: Barbara Nichols Enquiries: 0434 018 902 –

Co-Leader: Pam Tatum 4368 1213/0412 474 557

Time: 1:00pm-3:30pm

Classes: 11/2 18/2 25/2 4/3 11/3 18/3 25/3 1/4 8/4 15/4 22/4 29/4 6/5 13/5 20/5 27/5 3/6 10/6 17/6

426-01 What's the Point of Poetry - Ongoing

The title could be a very pertinent topic to open this course. Printed sheets will be provided with a range of poems both traditional and modern, perhaps with some translations of work from other cultures. The range should stimulate lively discussion within the class.

Note: \$2.00 to cover printing costs.

Venue: **ERINA CENTRE MS2**

Leader: Pat Shepherd Enquiries: 4367 2576

Time: 10:00am-12:30pm

Classes: 4/3 18/3 1/4 15/4

422-01 The Reformation - New

This continues the History of Christianity. The reformation was probably the biggest challenge ever faced by the church and irretrievably divided Europe. We will look at the actions of Wycliffe, Hus, Luther, Zwingli, Calvin, Knox and their associates as well as the kings, queens, emperors and popes they had to deal with.

Venue: **OURIMBAH RSL Bellbird**

Leader: Ross Carlton Enquiries: patandrosscarlton@gmail.com / 0402 723 043

Time: 1:00pm-3:00pm

Classes: 11/3 18/3

431-01 Australia's Frontier Wars - New

'Frontier Wars' is the term used to describe the brutal and deadly conflicts between Aboriginal tribes and white settlers on the margins of Australia's ever expanding settlements. Over a 150+ year history, thousands of Aborigines and white settlers died as a result of these Frontier Wars.

The great violence has left a legacy of anger and mistrust for many in present day Australian society.

Furthermore, the misrepresentation and even denial of the Frontier Wars has severely damaged the integrity of our academic and political institutions.

Utilizing extant evidence from Newspapers, Journals, Official Reports and Diaries our Course will include case studies of conflicts in Sydney, Myall Creek, the Black Wars in Tasmania, and massacres in Queensland and Coniston in the Northern Territory.

The lecture format will be supported by Q+A sessions, PowerPoint & appropriate Video clips

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Auditorium**

Leaders: Peter O'Rourke and Ross Pearce Enquiries: pcorourke2@tpg.com.au / U3A 0408 704 701

Time: 10:00am-12:30pm

Classes: 6/5 13/5 20/5 27/5

Even the smallest act of kindness matters. It's like a ripple in a pond flowing positive energy forever outward to infinity...

248-01 Cards for Fun - Ongoing

We play a game called Jo, a form of Rummy played as individuals not with partners. We are a light-hearted lot and newcomers are very welcome.

Venue: **PRIVATE RESIDENCE: 4 TRUDY CLOSE, LONG JETTY**

Leader: Moy Gamblin Enquiries: moyragamblin@gmail.com / 4334 7121

Time: 10:00am-12:00pm

Classes: 26/2 12/3 26/3 9/4 23/4 7/5 21/5 4/6 18/6

400-01 Demystifying Science Issues - Ongoing

All these terms come at us nowadays like "black holes; vaccines; virus; climate change; quantum physics; biodiversity; sustainability; renewables; dark energy; nanotechnology; stem cells"??? What do they mean?

In this course we discuss these and many other terms and attempt to make them relevant to our lives.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE AUDITORIUM**

Leader: Bruce Helyard Enquiries: helyard@gmail.com / 0421 031 670

Time: 10:00am-12:30pm

Classes: 26/2 12/3 26/3 9/4

209-01 Theatre Group - Ongoing

Our monthly meetings can include discussions about plays and shows we have attended, news about future activities and guest speakers. We anticipate organizing tickets for local and Sydney shows as well as attending the Ensemble Theatre at Milsons Point when productions recommence.

Everyone wanting to be part of the Theatre Group must enrol each semester.

Cost \$1 per person per meeting to cover costs associated with the group.

Venue: **RED TREE THEATRE TUGGERAH**

Leader: Monica Perry Enquiries: perrymm@bigpond.net.au / 4367 5757

Time: 10:30am-12:00pm

Classes: 26/2 26/3 23/4 28/5

430-01 China's Path to Superpower Status: Challenges for Australia - New

Lectures with PowerPoint & time for audience discussion. This course will aim to present a short but intensive overview of China's increasingly ambitious and accelerated aim to achieve superpower status and regain its former glory. Tensions between China and USA as the pre-existing superpower have heightened during the Trump Presidency, creating a significant dilemma for Australia. The more robust diplomatic responses by Australia to China's "wolf diplomacy" will be traced. Participants will be encouraged to express their opinions in a review each session and to discuss in the final session possible future foreign policy and trade strategies for Australia. It will include topics such as: Background to China; Australia/China Relations -the Big Picture; Increasing Tensions in China/Australia Relations; Looking Ahead. (There could be possible amendments to these topics)

Venue: **GREEN POINT COMMUNITY CENTRE Auditorium**

Leader: Graham Pratt Enquiries: gdpratt@optusnet.com.au / U3A 0408 704 701

Time: 10:00am-12:30pm

Classes: 12/2 19/2 5/3 12/3 (NB no class on 26/2)

421-01 The History of Western History - Ongoing

Titus Livius 59bce-17ad, known to historians as Livy, began to write his history of Rome in his thirties. His life's work made him famous in his lifetime, detailing as it did the early history of Rome from its foundation, through to the story of the seven kings, to the establishment of the republic and the gallic invasion of the 4th century BCE. Rising from the ashes of its apparent defeat by the Gauls in 386bce, Rome emerged victorious almost a century later in 293bce as the premier power in Italy.

Venue: **KINCUMBER NEIGHBOURHOOD CENTRE Yirang Fishbowl**

Leader: Marjorie Bapty Enquiries: bapty@spin.net.au / 0449 003 699

Time: 10:00am-12:30pm

Classes: 28/5 4/6 11/6 18/6

442-01 AGM U3A CENTRAL COAST 2021 – in person attendance

The U3A Central Coast Annual General Meeting (AGM) will be held on **28 JANUARY 2021** at Kincumber Neighbourhood Centre (KNC), commencing 10:00 am.

To ensure we comply with COVID-19 space and tracing requirements, this year we are asking all members who wish to attend AT THE VENUE, KNC, and are keen to participate and help us establish our new U3A Committee for 2021, to ENROL IN THE AGM U3A CENTRAL COAST Forum.

u3a@centralcoast.u3anet.org.au OR 0408 704 701

*******ZOOM SESSIONS*******

441-01 AGM U3A CENTRAL COAST ZOOM ONLINE

The U3A Central Coast Annual General Meeting (AGM) will be held on **28 JANUARY 2021** at Kincumber Neighbourhood Centre (KNC), commencing 10:00 am.

We are offering members the choice of attending online, via Zoom, OR in person at KNC.

If you are unable or unwilling to attend the AGM IN PERSON AT KNC, but are keen to participate and help us establish our new U3A Committee for 2021, we encourage you to ENROL IN THE ZOOM ONLINE AGM U3A CENTRAL COAST Forum.

Enrolment via Zoom for the U3A AGM: u3accenrolment@gmail.com
Or contact Leader: Dena Blumenthal : 0417 410 538

After you enrol, two (2) days before the AGM, we will send you an invitation by email to join the Zoom AGM. The invitation will include the link to the Zoom AGM, as well as links to AGM material and Zoom instructions.

On 28 JANUARY, about 15 minutes before the commencement of the AGM, click on the Zoom AGM link in the invitation email to join us.

You can also obtain information about the AGM by visiting the U3A Central Coast website
<https://centralcoast.u3anet.org.au/>

Thursday 28 January, 2021 at 10:00am-11:30am Zoom Online Central Coast

437-01 ZOOM ONLINE Land of the Rising Sun

Having a son who has lived in Japan for almost 20 years, I have visited there a number of times and have been fortunate to have seen a lot of the country from Tokyo down to the southern islands of Shikoku and Kyushu. Most of my time has been spent in Osaka where my son and his family live, giving me easy access to tourist areas such as Kyoto and Nara. One great advantage of spending time with my family means that I see the “real” Japan in the suburbs and surrounds, being introduced to places that are off the tourist trail and seeing how everyday life works in Japan.

Leader: Judy Frewen Enquiries: judy.frewen@ozemail.com.au / 0419 226 450

Time: 10:00am-12:00pm Zoom Online Central Coast

Class: Friday 30/4

439-01 ZOOM ONLINE Climate Change

A course on Climate Change in 4 by 1 hour sessions - the scientific basis of Global Warming, the climate effects, impacts on people, response to the challenge and what we and our government need to do.

Part 1: Basis of GHG Emissions and influence on Climate

Part 2: Impacts (already occurring and further to be expected)

Part 3: Response Needed (cuts, how quickly and how much, most efficient methods and the targets required).

Part 4: The Political Situation (targets, urgency and the political debate).

Climate impacts are already affecting people around the world. The increase in wild fires, particularly in California, Siberia and here in Australia are destroying peoples' homes; people are dying. Other impacts such as increase in storm intensity are obvious also with flooding increasing. This course sets out to present the facts, the evidence of impacts and the projections of what we face in the future. We will also discuss the political situation and consider how best to galvanize our government to take swifter action. Each session will be designed to stand alone, so it is not necessary to attend all 4 sessions. **NB: sessions on Fridays and Tuesdays**

Leader: Richard Weller Enquiries: 0421 059 279

Time: 10:00am-11:00am Zoom Online Central Coast

Classes: Friday 19/3 16/4 + Tuesday: 18/5 15/6

438-01 ZOOM ONLINE Myanmar A photographic journey

A photographic record of my solo journey through Myanmar. Visited Yangon, Lake Inle/Nyaungshwe, Bagan, Hsipaw, Pankam village, Mandalay.

An insight into a unique country. As Rudyard Kipling wrote in 'Letters from the East (1898)', "This is Burma and it is unlike any land that you know about".

Presented using PowerPoint, with audience Q&A in break.

Leader: Geoff Collins Enquiries: gjcollins52@hotmail.com / 0419 226 877

Time: 1:00pm-3:00pm Zoom Online Central Coast

Class: Friday 16/4

436-01 ZOOM ONLINE Switzerland in WW2

Switzerland has a long history of being neutral in conflicts, but that is not to say it did not see any fighting during WW2, or be involved in the war. This country of clocks and cows had one of the largest armies in Europe and was prepared to defend its territory and, through bluff and pragmatism, though surrounded by enemies on all sides, managed to come out of the war a much more prosperous country.

We will discuss the intrigues of spies, the daring of its airforce and the diplomacy of its politicians during the worse crises that occurred to Switzerland in a hundred years.

Leader: Alan Flores Enquiries: alan.flores@bigpond.com / 0455 313 407

Time: 1:00pm-3:00pm Zoom Online Central Coast

Class: Tuesday 18/5

PLEASE wear your NAME BADGE/LANYARD to classes, this not only helps to identify you but it is also for emergencies. Make sure you have filled out the contact details on the back

SEE ONLINE ENROLMENT PROCEDURE ON NEXT PAGE



ONLINE ENROLMENT TERM 1 2021

Classes are published in the booklet and can be viewed online.

Please be aware enrolment for Term 1 commences 21 January, 2021 @ 10am for all members. Enrolment will be online via <http://centralcoast.u3anet.org.au/>

*******Note: The button for Classes 2021 will NOT appear on the enrolment screen until 21/1/21 at 10am**

You must be a fully paid member to enrol in classes. You can enrol in a maximum of 5 classes and a number of Forums.

To check the classes available prior to enrolment day, either:

- Examine the Course Booklet or
- Using the U3A Central Coast website <http://centralcoast.u3anet.org.au/> click on *******ENROL ONLINE from 21 January 2021 after 10am.**
- Write the courses of interest on the enclosed form.

ENROL ONLINE from 21 January 2021. These are abbreviated instructions. Please refer to the Member Help document **Online Enrolment in U3A Courses** for full instructions.

1. Using the U3A Central Coast website log on to MyU3A as a member, using your membership number as your ID and your *password. The Membership Status page will be displayed.
2. On the **Membership Status** page, click **Classes 2021**
Note the instructions in the lower left hand side of the screen.
3. Click **Classes 2021**. The All Classes page will be displayed showing an alphabetical list of all classes.
4. Scroll down the list **clicking the check box** under the course number of the courses in which you wish to enrol. It's next to the Leader's details.
5. **IMPORTANT:** once you have selected all the preferred classes you **must** go to the bottom of the screen and click **Next**.
6. The **Class Status** screen shows the classes you have selected. If there is a date conflict with some classes, the class numbers will be highlighted. Follow the onscreen instructions to delete the courses you cannot attend. If you have made a mistake in your selection, delete the incorrect one. If necessary click **Classes 2021** again to return to the selection process.
7. When finished, click **Next** to display the **Membership Status** screen.
8. Click **Next** again to display the **Member Summary** screen with your details and **all the classes** you have selected.

How to read the screen:

- **First** line shows the Class Number; whether you are **enrolled** or just **waitlisted**; the date you were enrolled or waitlisted; the from/to dates of the class; the name of the leader and the name of the course. **DO NOT ATTEND A CLASS IF YOU ARE WAITLISTED. YOU MUST ONLY ATTEND IF YOU RECEIVE CONFIRMATION OF SAME**
- **Second** line shows the venue, the room; time of the class; day of the class; address of the venue
- The **third** line show the remaining dates of the classes.

You can **Print** the **Member Summary** screen as a record of your enrolments or return to it at any time. You will also receive an email if your enrolment is confirmed.

*Note: If you have forgotten your password click **Forgot Password/ID** and follow the prompts. When you receive your details by email, login.

*******Enrolments from: 10am on 21/1/2021*******

COURSES BY VENUE – SEMESTER 1 2021

ERINA CENTRE			
423-01	Creative non-fiction group	Mon	Course
403-02	Queen Victoria and Jewellery	Mon	Forum
403-01	Duke & Duchess of Windsor and Jewellery	Mon	Forum
204-01	Contemporary Literature	Tues	Course
424-01	We didn't start the fire	Tues	Course
425-01	Bridging the Gap	Tues	Course
205-01	Cuban Missile Crisis	Tues	Course
404-01	William Bligh: Tyrant or Tough Taskmaster	Tues	Forum
404-07	Sound Therapy	Tues	Forum
404-02	Petrov Affair	Tues	Forum
80-01	Discussion Group - Current Affairs	Wed	Course
426-01	What's the point of Poetry	Thurs	Course
408-03	A visit to Japan Spring 2019	Fri	Forum
408-02	Australian Internment Policy WWII	Fri	Forum
408-01	Sustainable Living at Narara Ecovillage	Fri	Forum
KINCUMBER NEIGHBOURHOOD CENTRE			
442-00	AGM U3A CENTRAL COAST – in person	Thurs	Forum
405-01	101 Things to See before You Die	Mon	Course
416-01	Great Speeches: Discussion Australia Social Change	Mon	Course
403-03	More Heroines of the 2 nd WW	Mon	Forum
386-01	Wine Appreciation Aust Shiraz	Tues	Course
417-01	Wine Appreciation International Reds	Tues	Course
213-01	Electoral System	Tues	Course
34-01	Beyond Federation	Tues	Course
286-01	Australian Constitution	Tues	Course
212-01	What kind of Republic	Tues	Course
418-01	Optimism v Pessimism	Tues	Course
420-01	Timeless Tunes	Tues	Course
404-05	The Migration that shaped Europe	Tues	Forum
404-06	Birdbrains 2	Tues	Forum
404-04	The Magic of the Mind	Tues	Forum
404-03	An Inconvenient Truth 2	Tues	Forum
419-01	The Planet Fights Back	Wed	Course
415-01	Active Dance Couples	Wed	Course
434-01	Handmade Cards	Wed	Course
410-01	Inspiring Australians	Thurs	Course
240-01	Carry on Drawing/Painting	Thurs	Course
431-01	Australia's Frontier Wars	Thurs	Course
407-03	Wallowing in Words	Thurs	Forum
407-02	Knots and Ropes	Thurs	Forum
407-07	The Two Elizabeths	Thurs	Forum
407-01	Rural Socialism in NSW	Thurs	Forum
407-04	Myanmar – A Photographic journey	Thurs	Forum
407-06	Sound Therapy	Thurs	Forum
400-01	Demystifying Science Issues	Fri	Course
421-01	The History of Western History	Fri	Course
OURIMBAH RSL			
422-01	The Reformation	Thursday	Course

GREEN POINT COMMUNITY CENTRE			
216-01	Magic of the Movies	Mon	Course
403-04	Call of the Outback	Mon	Forum
427-01	The Post-Pandemic World	Tues	Course
428-01	Counterculture & Revolution: 'The Sixties' & their aftermath	Wed	Course
429-01	Intermediate Mah Jong	Wed	Course
406-01	Shipwrecks	Wed	Forum
407-05	Land of the Rising Sun	Thurs	Forum
430-01	China's path to Superpower status	Fri	Course
HENRY KENDALL GARDENS – UNAVAILABLE UNTIL SEMESTER 2			
RED TREE THEATRE			
440-01	Broken Hill its History, Heritage and Characteristics	Mon	Course
258-01	Symposium: Sampler	Tues	Course
433-01	Roundtable Discussion Group	Wed	Course
209-01	Theatre Group	Fri	Course
AVOCA BEACH PICTURE THEATRE			
	Avoca Theatre Film	Wed/Thu	
PRIVATE HOMES / SOCIAL / OUTDOORS			
244-01	Lunch Bunch	Mon	Course
254-01	Coffee, Cake and a Chat	Mon	Course
256-01	Bush Walking and Special Walks	Wed	Course
248-01	Cards for Fun	Fri	Course
441-01	AGM U3A CENTRAL COAST	Thurs	ZOOM
436-01	Switzerland in WWII	Tues	ZOOM
439-01	Climate Change	Fri	ZOOM
437-01	Land of the Rising Sun	Fri	ZOOM
438-01	Myanmar: A Photographic Journey	Fri	ZOOM

Email: u3a@centralcoast.u3anet.org.au

Website: <http://centralcoast.u3anet.org.au>

Telephone: 0408 704 701